

to Michael, me

My paper for Positive Psychology (PSY 454) didn't require a page for sources, as at the time the requirements were to reference only class material, rendering it unnecessary for the grading process. Sorry for the confusion there! Paul Wong and Shelly Gable are two psychologists who have done research in positive psychology and were referenced during lectures. I believe they may have both written books, but the references themselves are to the class material (and I unfortunately don't have access to the original sources the class material is from).

The "(she/hers)" after my name is to indicate the pronouns I would prefer people to use when referring to me. Sometimes people's personal pronouns aren't obvious by just looking at their name or face, so I'm hoping to help make it a normal thing to let others know what pronouns one uses! It is also my small way of being respectful to the transgender community, who often *have* to explain their pronouns or else risk being singled out and discriminated against. Choosing to be explicit about my pronouns is my way of showing empathy to their struggles.

I'm glad you like the gifts! I will also definitely send more stories as I have the time to write them.

Love,  
Charlene

### Charlene Blackledge (she/hers)

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On Sat, Oct 14, 2017 at 3:43 PM, Michael Blackledge <[mike@blackledge.com](mailto:mike@blackledge.com)> wrote:

Yea, Charlene! What great Birthday presents! Thank you!

... and yes, I expect most of this will appear in *Blackledge Stories*! I especially appreciate the Ancestry project, as *Blackledge Stories* is indeed a follow-on to *Blackledges in America*.

... but I appreciate all your writings and presents ... and I would definitely like some more short personal stories if you would send those along as they develop.

I only have two questions at this time:

1) you don't list sources specifically, and I have very little background in psychology - should I infer that Paul Wong and Shelly Gable represent psychology textbooks or references?

2) could you explain the (she/hers) after your name?

Charlene, thanks so much for providing these to me - very much appreciated!

Love,  
- Da